

CURRICULUM VITAE

Riikka Veltheim, Plastic Surgeon, MD, PhD

Residence Stockholm, Sweden
Adress Floragatan 17, 11432 Stockholm, Sweden
Training Sweden, Finland, Italy, USA
Born 2 June 1972, Helsinki, Finland
Spoken languages English, Italian, Swedish, Finnish

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Positions and experience

<i>Plastic surgeon, Akademikliniken, Stockholm, Sweden</i>	<i>May 2007-</i>
<i>Part owner Akademikliniken</i>	<i>May 2011</i>
<i>Board member of Swedish Esthetic Plastic Surgery society</i>	<i>2015-2017</i>
<i>Partner Strathspey Crown</i>	<i>2016</i>
<i>Partner and co founder Ipomia</i>	<i>2013</i>
<i>Consultant Plastic Surgeon Cityklinikka Helsinki, Finland</i>	<i>2014-</i>
<i>Consultant Plastic Surgeon Galderma /Key opinion leader</i>	<i>2008-</i>
<i>Head of Hair transplantation unit, Akademikliniken, Stockholm</i>	<i>2005</i>
<i>Specialist doctor at department of Reconstructive Plastic Surgery, Karolinska University Hospital</i>	<i>2006-2007</i>
<i>Specific responsibility areas breast cancer microsurgery and post bariatric plastic surgery</i>	

Physician in training, department of Reconstructive Plastic Surgery, Karolinska University Hospital	2003-2006
Physician in training at Söder Hospital, Surgery clinic, Stockholm	2002-2003
Physician, Turku University hospital, Plastic surgery clinic	2002
Physician at Karolinska University Hospital, Neurosurgery clinic, Stockholm	2000
Physician at Pori Central Hospital, Surgery clinic, Finland	1998-1999
Physician at out-patient GP clinic; Stureplans Husläkarmottagning, Stockholm	2000-2001
Physician at out-patient GP clinic, Finland	1997-1999
Turku Medical Faculty board / general secretary	1996
Internal medicine, Turku University hospital, Finland	1997
Gynecology, Turku University hospital, Finland	1997
Traumatology/ Thoracic and vascular surgery clinic, Turku University hospital	1997
Thoracic and vascular surgery clinic, Turku University hospital	1996
Pediatric internal medicine, Turku University hospital	1995

Invited speaker

Galderma Akademikliniken, Master Class Restylane	Oct 2017
Journalist meeting Helsinki Galderma /Elle Finland	Oct 2017
Galderma Denmark, launching micro botox study	Oct 2017
Journalist meeting Helsinki Galderma, Modern esthetic injections treatments	Sept 2017
Mentor breast academy, Finnish Esthetic Plastic Surgery meeting, Finland	Sept 2017
Galderma Stockholm Akademikliniken -Israel doctors meeting	Sept 2017
Galderma Helsinki, Master Class Restylane	Sept 2017
Galderma Stockholm Akademikliniken, Launching micro botox	Aug 2017
Galderma Stockholm Akademikliniken, Launching neck study	June 2017
Sfep meeting, Gothenburg, Sweden, CO2 laser treatments	Sept 2016
Swedish radion intervju, Fat transplantation surgery	June, 2016
Beauty Through Science Yearly Plastic Surgery meeting Stockholm	May 2016
Workshops Galderma, Restylane injections treatments	2013-2016
Workshop Q-med, Esthetic injection treatments, Mexico	March 2013
Swedish radio, Intervju hair transplantation	March 2013
Workshop Q-med, Esthetic injection treatments, Bulgaria	March 2013
Workshop Q-med, Esthetic injection treatments, Oslo	March 2013
Workshop Q-med, Esthetic injection treatments, Stockholm	March 2013
Swedish radio, Intervju of regulations in esthetic treatments	July 2013

Workshop Q-med, Esthetic injection treatments, Stockholm	Nov 2012
Workshop Q-med, Esthetic injection treatments, Helsinki	Sept 2012
Workshop Q-med, Esthetic injection treatments, Sweden	Aug 2012
Expert meeting Allergan, Latisse in hair growth, Frankfurt	May 2012
Workshop Q-med, Esthetic injection treatments, Stockholm	May 2012
Workshop Q-med, Esthetic injection treatments, Paris	April 2012
Macrolane round table discussion Q-med, Expert meeting, Paris	April 2012
Workshop Q-med, Esthetic injection treatments, Helsinki	March 2012
Workshop Q-med, Esthetic injection treatments, Paris	Dec 2011
Workshop Q-med, Esthetic injection treatments, Helsinki	Nov 2011
Swedish radio, Intervju of hair transplantation to men	Oct 2011
Workshop Q-med, Esthetic injection treatments, Wien	Aug 2011
Workshop Q-med, Esthetic injection treatments, Cyprus	June 2011
Workshop Q-med, Esthetic injection treatments, Milano	May 2011
Workshop Q-med, Esthetic injection treatments, Helsinki	May 2011
Swedish television, Intervju, new book of esthetic plastic surgery	May 2011
Workshop Q-med, Esthetic injection treatments, Paris	April 2011
Esthetic injection treatments, Paris	April 2011
Swedish television, Intervju and Softlift live treatment	2011
Swedish television, tv series Plastic surgeons	2009
Swedish television, Intervju esthetic plastic surgery and men	November 2008
Swedish television, Intervju hair transplantation	September 2007

Training /Medical Congres

High School Certificate (SYK), Helsinki, Finland	1991
Medical studies, Turku University, Finland	1992-1998
Training in Research, PhD student	1993-1995
Training course for working with animals in pre clinical research	1993
Research for PhD thesis, Turku University, Finland	1996-1999
Graduated in Medicine, Finland	1998
PhD thesis in Medicine	1999
Graduate in medicine in Sweden	2001
Training course in Clinical epidemiology, Karolinska Institute, Sweden	2003
Postgraduate course; Lab animal science, Karolinska Institute, Sweden	Sept 2003
Conference in Regenerative Medicine and Tissue Engineering, Uppsala, Sweden	2003
ISAPS, Stockholm, Sweden	2005
Matrix breast surgery course, Stockholm, Sweden	2005
Specialist in plastic surgery, Sweden	2006
BTS esthetic plastic surgery conference, Stockholm, Sweden	2006-2017
Fellowship aesthetic plastic surgery, Rome, Italy	2005

Fellowship aesthetic plastic surgery, Houston, Texas, USA	2005
Fellowship aesthetic plastic surgery, Akademikliniken, Stockholm	2007-2008
Baker aesthetic plastic surgery course, Miami, USA	2009
Cutting Edge facial aesthetic plastic surgery course, NY, USA	2010
Antiaging Medicine Conference, AMWC, Monte Carlo 2010, 2011, 2012, 2013, 2016, 2017	
Swedish Esthetic Plastic Surgery annual meeting, SfeP	2007-2017
Cutting Edge Plastic Surgery Congress, NY, USA	2015
IMCAS, Aesthetic meeting Paris	2016
IMCAS, Aesthetic meeting Paris	2017
Baker Gordon Plastic Surgery Meeting, Miami, USA	2017

Publications

1. Holopainen R, Käätä P. The effect of L-arginine on rat pulmonary vasculature in ischemia-reperfusion. I boken: Advances in the study of cardiovascular control. Ann Univ Turkuensis. Käätä P, Grönlund J, Välimäki I. 1996;237: 28-32.
2. Holopainen R, Soukka H, Halkola L, Käätä P. Meconium aspiration induces a concentration-dependent pulmonary hypertension in newborn piglets. *Pediatr Pulmonol* 1998;25: 107-113.
3. Holopainen R, Aho H, Laine J, Peuravuori H, Soukka H, Käätä P. Human meconium has high phospholipase A2 activity and induces cellular injury and apoptosis in piglet lungs. *Pediatr Res* 1999;46: 626-632.
4. Holopainen R, Laine J, Aho H, Halkola L, Käätä P. Nitric oxide inhalation inhibits pulmonary apoptosis but not inflammatory injury in porcine meconium aspiration. *Acta Pediatr* 1999; 88: 1147-1155.
5. Holopainen R, Laine J, Halkola L, Aho H, Käätä P. Dexamethasone treatment attenuates pulmonary injury in piglet meconium aspiration. *Pediatr Res* 2001;49: 162-168.
6. Holopainen R, Soukka H, Halkola L, Käätä P. Intravenous immunoglobulin g attenuates pulmonary hypertension but induces local neutrophil influx in meconium aspiration in piglets. *Biol Neonate* 2005; 87(4): 221-228.
7. Jaakkola K, Nikula T, Holopainen R, Vähäsilta T, Matikainen M-T, Laukkanen M-L, Huupponen R, Halkola L, Nieminen L, Hiltunen J, Parviainen S, Clark MR, Knuuti J, Savunen T, Käätä P, Voipio-Pulkki LM, Jalkanen S. In vivo detection of vascular adhesion protein-1 in experimental inflammation. *Am J Pathol* 2000;157: 463-471.

8. Engstrand T, Westermark A, Veltheim R, Docherty-Skogh AC, Arnander C. Reconstruction of the frontal bone. *J Craniofacial Surgery*. 2006 Mar;17(2):275-279.

9. Engstrand T, Veltheim R, Arnander C, Docherty-Skogh A-C, Westermark, A, Ohlsson C, Adolfsson L, Larm O. A novel biodegradable delivery system for bone morphogenetic protein-2. *Plastic Reconstr. Surg*. 2008 Jun; 121 (6): 1920-8

10. Camenisch C, Veltheim R. Modern techniques in facial rejuvenation using Nasha gel. Discuss the use of the in Soft lift concept, a modern technique to rejuvenate the aging face. *Prime Journal* Oct 2011

*Holopainen R, Soukka H, Halkola L, Käätä P. Meconium has a dose-dependent hemodynamic response to meconium-induced lung injury in a newborn piglet model. XVth European congress of perinatal medicine. September 1996, Glasgow, Scotland.

*Holopainen R, Soukka H, Halkola L, Käätä P. Prophylactic nitric oxide inhalation in porcine meconium aspiration. *Pediatric Academic Societies 1997 Annual meeting*. May 1997, Washington, D.C..

* Holopainen R, Jaakkola K, Halkola L, Jalkanen S, Käätä P. The effects of anti-vascular adhesion protein-1 and polyclonal immunoglobulin G in meconium aspiration-induced lung injury in newborn piglets. *European congress of perinatal medicine*. September 1998, Belfast, Ireland.

*Holopainen R, Laine J, Peuravuori H, Halkola L, Aho H, Käätä P. Meconium aspiration has high phospholipase A2 activity and induces inflammatory injury and apoptosis in piglet lungs. *Pediatric Academic Societies 1999 Annual meeting*. May 1999, San Francisco.

*Engstrand T, Westermark A, Veltheim R, Docherty-Skogh AC, Hilborn J, Arnander C. Prefabrication and reconstruction of the frontal bone. *ESPRAS*, Aug 2005, Wien, Austria.

* Veltheim R, Heden P. The hairline in facelift surgery. *Akademiklinikens IV International Meeting Beauty Trough Science*, June 2008, Stockholm, Sweden.

* Camenisch C, Veltheim R. Modern techniques in facial rejuvenation with stabilized hyaluronic acid-based gel of non-animal origin: Handling and a new, less invasive technique using Pix'l needle of Thiebaud in Soft lift concept. *The 9th Anti-Aging Medicine World Congress & Medispa*, March 2011, Montecarlo, Monaco.

* Veltheim R. Ablative and non ablative laser treatments. *Akademiklinikens International Meeting Beauty Trough Science*, May 2016, Stockholm, Sweden.

- * Veltheim R. Resurfacing the lower lid. Swedish esthetic society yearly Plastic Surgery meeting Sfep. Sept 2016, Gotheburg, Sweden.
- * Veltheim R. Mummy makeover. Magazine M. 2016
- * Veltheim R. Microbotox facial treatments. New way to apply neurotoxins. National Plastic Surgery meeting Sfep. Sept 2017, Stockholm, Sweden.
- * Veltheim R Kauneus ja Terveys magazine. Aug 2017
- * Veltheim R. Kauneus ja Terveys magazine. May 2017

(*abstract)

<http://flimmer.se/SFEP-Riikka-YouTube.mov>
<https://www.youtube.com/watch?v=QARdO-t3IGI>
<https://www.youtube.com/watch?v=ZpQIJZO6Ksk>
https://youtu.be/vmIFI_5Dn9I
<https://www.youtube.com/watch?v=yqSvu9fv6nM>

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<https://www.youtube.com/watch?v=i4RIDeNKjMA>
<https://www.youtube.com/watch?v=hvM4wUzMZXM>
https://www.youtube.com/watch?v=vmIFI_5Dn9I
<http://www.tv4.se/plastikkirurgerna/artiklar/arkiv/2009/12>

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