

# BIO & CURRICULUM VITAE

**Piotr Jan Sikorski,**

**Licensed Medical Doctor since 1990.**

Born	Warsaw, 13 <sup>th</sup> May 1965
Medical Training	Medical University of Warsaw, Poland, 1990
Residence	Helsinki, Finland



Over 20 years of practice in the field of Aesthetic Medicine.

Pioneer in bringing new medical technologies to the Finnish market like PRP treatment, MiraDry, BodyTite, SmartLipo, Incontilase, IntimaLase modalities.

Worldwide lecturer and teacher for medical colleagues for many years in many aesthetic procedures.

Active practitioner and expert user of lasers from 2008 – CO2 laser, SmartLipo, Iridex - Nd:Yag Lyra, Q-Switched lasers and Fotona QX Max and Fotona Dynamis.

Specialized in fillers, botulinum toxin treatments both aesthetic indication and others (rare indications).

Focused also on usage of Autologous Fat Grafting using all sizes of grafts, like Macro, Micro and Nano Fat.

Finnish region Consultant and Expert in treatment of complications in Aesthetic Medicine.

Lots of interviews given to Finnish Media, TV, Magazines with topics like Skin & Laser, Tattoo removing, Hyperhidrosis – New Novel Modalities, Melasma.

Enthusiastic but responsible approach to all new inventions in Anti-Aging & Aesthetic medicine. Ideology of Holistic approach of Human Being as a main principle to achieve Well-Being, Anti-Aging result and positive Aesthetic outcome.

Expert on EBD for Aesthetic Gynaecology and expert of Non-Surgical Treatments to improve Male Genital Aesthetics and Sexual Function.

Founder of Finnish Association of Aesthetic Medicine (ongoing registration process since 2017)

## **Positions and experience**

- Certificate and Diploma in Aesthetic Medicine, American Academy of Aesthetic Medicine (AAAM) 2016
- Expert Instructor of Worldwide LA&HA Academy (Laser&Health Academy), 2016
- Assistant and Faculty Member in several courses in Aesthetic Medicine of American Academy of Aesthetic Medicine – Amsterdam, London, Singapore 2017
- Member of Scientific Body at 5<sup>th</sup> Annual Gender Aesthetic Asia Focus Series 2017
- Lecturer at 5<sup>th</sup> Annual Gender Aesthetic Asia Focus Series, Aesthetic Genital Rejuvenation 2017
- CEO of City Clinics (former Botuliiniklinikka) since 1994
- CEO and lecturer of City Clinic's Academy of Aesthetic Medicine (CCAAM) since 2015
- General Practitioner, Chief Doctor of Herttoniemi Health Center of Helsinki 1992 - 2002
- General Practitioner, Kymenlaakso Social and Health Services 1990-1992
- General Practitioner, Kotka City Hospital 1990-1992

## **Training**

- High School Certificate, Warsaw, Poland 1984
- Medical studies, Warsaw, Poland 1984-1990
- Graduated in medicine, Warsaw, Poland 1990
- Q-Med and Galderma Aesthetic Academy Paris & Nordic Courses 1996-2014
- Botulinum Toxin in aesthetic medicine 1997
- Botulinum Toxin treatments for migraines, hyperhidrosis and teeth grinding 1997,1998
- Autologous Cell Therapy training, London, UK 2009
- Aesthetic and Anti-Aging Medicine World Congress, Monte Carlo, Monaco 2010-2016
- Radiofrequency assisted liposuction training, Tel-Aviv, Israel 2012
- Beauty through Science Conference, Stockholm, Sweden 2014
- Fotona Workshops, Ljubljana, Slovenia 2014-2016
- International Master Course on Aging Skin 2012
- International Course Advances in Plastic and Aesthetic Surgery, Barcelona 2011
- Macrolane Workshops, Gothenburg and Stockholm, Sweden; Barcelona, Spain 2008-2011
- AAAM's Certificate in Aesthetic Medicine courses, Las Vegas, USA 04/2016
- LA&HA Academy acceptance to become Expert Instructor in lasers 07/2016
- AAAM's Diploma in Aesthetic Medicine courses, Singapore 08/2016
- Merz International – Expert Meeting for botulinum toxin users, Berlin, Dessau 2017

## **Memberships**

- Member of American Academy of Aesthetic Medicine (AAAM) since 2016
- Member of World Society of Interdisciplinary Anti-Aging Medicine (WOSIAM) since 2012
- Member of The Finnish Medical Association since 1991

## **Research and publications**

Mitrofanoff, L., Sikorski, P., Sikorski, V. IncontiLase gynaecology treatment in women with stress urinary incontinence. A retrospective study with short-term follow-up. (Ongoing research program)